



## El Paraíso Day Care, Sandra Pérez

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### NEW HEALTH POLICIES CHILD ILLNESS

#### Parent Responsibilities:

1. Please inform us if your child has been sick over the weekend, or has not slept well or was ill during the previous night, so that we can monitor your child more closely during the day.
2. Please honor the Family child care health policies regarding illness in the day care; exclusion from day care; medication administration and authorization, and immunizations and history and physical of your child.

#### Exclusion from Family Day Care:

1. General Illness - If your child becomes sick during the day, they will be sent home. They must remain at home for the next full day.
2. Rashes, Diarrhea or Vomiting – Unless otherwise noted by a physician in writing, all diarrhea or suspicious rashes are contagious. If your doctor determines, in writing, that the cause is not contagious, a child can return to the family child care. Otherwise, A child must be twenty four (24) hours without vomiting or diarrhea before returning to the family child care.
3. Fever – If your child has a fever of 100.0 degrees above them cannot attend the day care. Their temperature must be normal for 24 hours before returning to the day care. Any temperature over 100.0 degree is not considered a “teething fever”.
4. Cough – Coughs that are persistent, deep, croupy or congested should not attend the day care.
5. Discharge from nose – A clear discharged may be from colds, allergies, or teething’s. If the discharged is moderate and can be attribute to teething or allergy your child will be allowed to attend day care. However, if a child has a consistent runny nose, which is difficult from contaminating toys, clothing, etc. Your child will be sent home. If your child doesn’t fell well and has a consistently runny nose or nasal discharged that is cloudy and NOT clear, he should remain out of the day care.
6. Special Situations – We will accept notes from the child’s doctor for a child’s return to day care only after the doctor has physically examined the child. However, if your doctor’s recommendations for return conflicts with our policies, our policies will prevail over the doctor’s recommendation for particular situation.

These exclusion policies are for the protection of all children in the day care. It is what you would expect of other parents to protect your child from unnecessary illness.

Other communicable diseases or conditions will be dealt with according to CDC guidelines, for instance head lice, chicken pox, strep throat, etc.

### **Family Child Care Responsibilities:**

1. The day care will use reasonable care to protect your child from unnecessary exposure to illness. Enforcing our health policies is an effective method to accomplish this.
2. We will notify parents of possible epidemics in the day care, such as chicken pox, head lice, etc.
3. We will renew our training in First Aid, Infection control and CPR as required for certification.
4. We will practice appropriate infection control procedures such as hand washing and disinfection of equipment, etc...

## **GENERAL HEALTH POLICIES**

1. Children must have up-to date immunizations. If your child is getting immunizations you must bring a note signed by the doctor's office stating the date and type of immunization given.
2. A completed physical examination form must be updated yearly.

## **MEDICATIONS**

Our Day Care has successfully completed the training requirement for administration of medication as outlined in section 19a-87b-17 or 19a-79a-9 of state statutes, and will administer medication with proper authorization and under the following conditions:

### **NON PRESCRIPTION TOPICAL MEDICATION AND PRESCRIPTION**

**All oral, topical, inhalant, and inject able medication in this category must have following in place prior to administration:**

- Completed written Parent/Guardian Permission & Prescriber Authorization on approved form. The authorization form will contain name of child, date of birth, address; date medication order was written; medication name, dose and method of administration; time the medication is to be administered; dates the medication is to be started and ended.; relevant side effects and authorized prescribers plan form management, if they occur; notation if medication is controlled substance; any allergies, reactions to, or negative reactions with food or drugs; specific instructions as to how the medication is to be given; name address and phone number, signature and relationship to the child of the parent giving permission for the administration of the drug by day care staff. Medication must be in the original container and have the following information on the container or package: Name of Individual Child, Name of the Medication, & Directions for Administering the Medication, Current Expiration date, Date of Prescription (within one month for antibiotics).

Examples:

#### **Oral Medication:**

- Cold Medication (i.e., decongestant, cough syrup, etc...)
- Antibiotics (i.e., Pen VK, Ceclor, etc...)

- Pain or Fever Medication (i.e. Tylenol, Ibuprofen)
- Seizure Medication (i.e., Depakote, etc...)

**Topical Medication:**

- Diaper ointments with antifungal (i.e., Mycolog, etc...)

**Inhaled Medication:**

- Asthma Medication (i.e., Proventil Inhaler, etc...)

**Inject able Medications in a premeasured, commercially prepared syringe:**

- Allergic Reaction Emergency Med (i.e., EpiPen Auto inject)

(Must only be for emergency treatment of a medically diagnosed condition)

**NO INVESTIGATIONAL DRUGS WILL BE ADMINISTERED IN THIS DAY CARE.**

**Parent/Guardian Responsibilities:**

1. Submit a completed authorization form for the administration of medication. Authorization form prescriber is needed (as indicated above) and must be on an approved form and must be completed by prescriber. All sections must be completed and, if necessary, "NONE" or N/A" indicated where applicable. The form will not be accepted if there are blank sections and there is a question in the mind of the day care provider.
2. The medication must be in the original container or package and must contain the information as described above.
3. Parents/Guardians must administer the first dose of any medication. The day care provider cannot administer the first dose of a medication except in an emergency.
4. Notify the day care provider if there is any change condition or if the order for administration of the medication has been changed.

**Day Care Responsibilities:**

1. All medication will be stored in the original child-resistant safety container (except for over the counter topical which may not have a child-resistant safety container) in a locked area or in a locked box in the refrigerator (when indicated), away from the reach of children, and away from food.
2. All policies and procedures as outlined in the state statutes and in the day care medication policies will be strictly followed.
3. No medication will be given unless accompanied by the properly completed authorization form.

4. All staff designated as medication administrators will successfully complete the Medication Administration training every three years for regular medication administration and yearly for regulated injectables by a commercially prepared syringe.
5. Except for non-prescription topical medication as described in the statutes, a written record of medication administered will be kept in the child's record. It will contain name, address, and date of birth of the child; name of medication; pharmacy and prescription number, if applicable, name of authorized prescriber, date, time and dosage of each administration, signature in ink of day care provider administering the medication, food or medication allergies, level of cooperation in the child accepting the medication, date and time medication is started and ended, and any medication errors.
6. The parent will be notified of any medication errors immediately in writing.
7. Day care staff administering the medication will be alert for side effects, as well as, desired effects of medication. Any effects will be managed as indicated on the medication authorization form and the parents will be notified.
8. All unused portions old medication shall be returned to the parent or destroyed if it is not picked up within one week following termination of the order, by flushing into sewerage or septic system in the presence of at least one witness.
9. The facility will keep a written record of all medication destroyed and the record will be signed by both witnesses.
10. All controlled medication will be stored under double lock and key as per state statutes.

**Please Note:**

**These health and medication policies were written in an effort to protect the health and well being of each child and staff member and will be strictly followed for this purpose.**